

9th AUN-HPN International Advisory Committee Meeting

December 3, 2023 (11.00 – 12.30 hrs.)

Bangkok, Thailand



Agenda

9th AUN-HPN International Advisory Committee Meeting

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Agenda 1: Topics for information

1.1 AUN-HPN past activities 2023 – 2024

1.2 Progress report on Healthy University Rating System (HURS)

1.3 Information regarding new associate members of AUN-HPN

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Agenda 2: Approval of minutes – 8th IAC meeting

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Agenda 3: Topics for consideration

3.1 AUN-HPN Workplan

- Country Chapter – AUN-HPN and how to move forward and foster collaboration
- HURS Workshops in Member Countries
- Health Promotion Research in ASEAN+3 Region

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Agenda 4: Others



Meeting Documents



ASEAN University Network - Health Promotion Network (AUN-HPN) was established in 2014 as thematic network of AUN, and has been serving as a regional network of people and universities working towards a better and healthier society. Currently, the AUN-HPN membership consists of core members and associate members from countries across ASEAN+3.

Vision

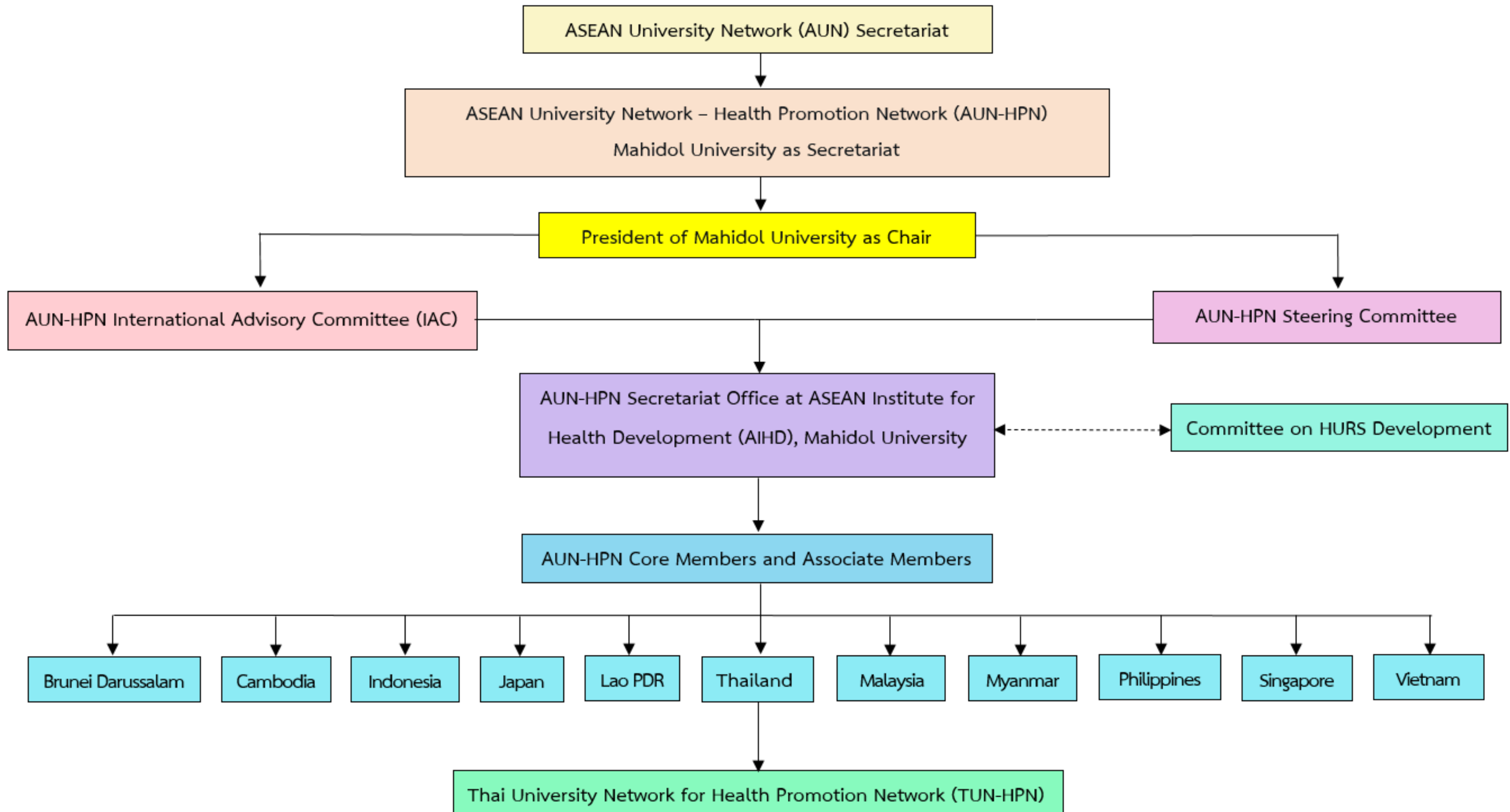
Igniting the concept of health promotion, inspiring higher education, and shaping healthier campuses in ASEAN and beyond.

Mission

To be the collaborative platform for ASEAN higher education institutions, fostering partnerships both within the network and with key stakeholders, all dedicated to promoting health in the ASEAN plus 3 region.

To facilitate the exchange of knowledge, skills, and resources among network members, thereby enhancing capacity for health promotion and collectively addressing shared regional health challenges with innovative solutions.

AUN-HPN Organizational Chart



AUN-HPN INTERNATIONAL ADVISORY COMMITTEE

ROLES AND RESPONSIBILITIES

- Provide expert guidance to advance health promotion initiatives in ASEAN+3.
- Foster collaboration, partnerships, and the sharing of best practices among member universities.
- Shape and refine the AUN-HPN workplan based on regional priorities.
- Monitor progress and recommend improvements for initiatives.
- Highlight role model universities to inspire and guide others.



-Previous meeting- The 8th AUN-HPN International Advisory Committee Meeting in Tokyo, Japan



On November 24, 2023, the 8th AUN-HPN International Advisory Committee Meeting meeting was organized collaboratively by the ASEAN University Network – Health Promotion Network (AUN-HPN) Secretariat Office and the Center for Global Health, Osaka University (IAC Co-Host 2023). Osaka University is considered to be one of AUN-HPN associate members committed to fostering sustainable and high-quality health promotion initiatives in line with the AUN Healthy University Framework (HUF).

Key highlights of the 8th AUN-HPN International Advisory Committee (IAC) Meeting include:

- Progress report on AUN-HPN Past Activities
- Progress report on Health Promotion Implementation of 14 International Advisory Committee in the ASEAN region.
- Welcoming three new AUN-HPN associate member universities to the AUN-HPN network: King Mongkut's University of Technology Thonburi (KMUTT), Kalasin University, and Suranaree University of Technology.

Agenda 1: Topics for information

1.1 AUN-HPN past activities 2023 – 2024

1.2 Progress report on Healthy University Rating System (HURS)

1.3 Information regarding new associate members of AUN-HPN



1.1 AUN-HPN past activities 2023 – 2024

1.1.1 AUN-HPN Presentation at ASAIHL International Conference 2023

On December 7, 2023, Assoc. Prof. Dr. Thunwadee Suksaroj, on behalf of the AUN-HPN Secretariat, participated in the ASAIHL International Conference 2023. Held at the University of Science and Technology of Hanoi in Vietnam, the conference theme was "International Cooperation Toward Excellence in Training and Research."

Representing both the AUN-HPN Secretariat and the ASAIHL Thailand candidate, Assoc. Prof. Dr. Thunwadee presented an academic paper titled "Building a Health Promotion Exemplar: The Development of an International University Network Model through the AUN Healthy University Framework." This presentation provided an overview of the ASEAN University Network – Health Promotion Network (AUN-HPN) and its activities, with the goal of strengthening health promotion systems within these institutions at both the national and ASEAN regional levels.



1.1.2 The 2nd Thai Healthy University Network Conference



The 2nd Thai Healthy University Network Conference, organized by the AUN-HPN Secretariat and TUN-HPN, took place on March 21-22, 2024, under the theme "Building a Culture of Health Promotion: Fostering Mental Health Awareness and Support on Campus." The conference featured key speakers, including leaders from TUN-HPN and the Thai Health Promotion Foundation. It provided a platform for Thai universities to exchange experiences in mental health care and advance health promotion initiatives. The event also included the 10th TUN-HPN Committee Meeting, where the new chairperson was selected. Funded by ThaiHealth, the conference emphasized the implementation of the AUN Healthy University Framework (HUF) to promote sustainability in health across Thai universities.



The Healthy University Rating System (HURS) 2023, launched from August 15 to November 16, 2023, saw participation from 21 ASEAN leading universities. After data verification, Universiti Kebangsaan Malaysia and Universitas Indonesia were likely to receive the 5-star+ rating. To finalize scores and eligibility, site visits were proposed to assess alignment with HURS criteria, promote knowledge exchange, and highlight best practices. The HURS development committee aimed to use these visits to enhance data compilation practices and improve monitoring and evaluation across the network.





HURS Site Visit to Universiti Kebangsaan Malaysia



**20 February 2024
at Universiti
Kebangsaan
Malaysia (UKM),
Malaysia**



HURS Site Visit to Universitas Indonesia

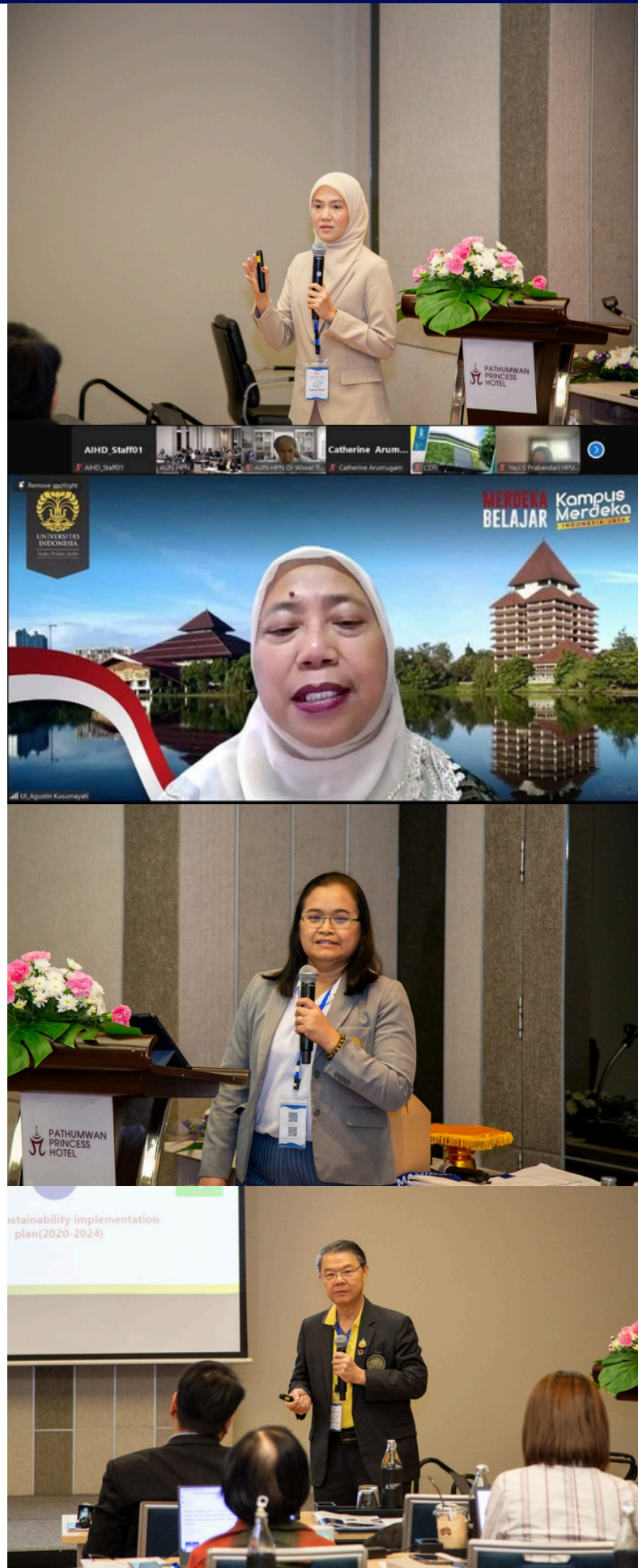
14 February 2024
at Universitas
Indonesia (UI),
Indonesia



HURS Workshop 2024 for Data Entry

1st round: Improving Healthy University Implementation Based on Healthy University Rating System (HURS)

On July 8, 2024, the AUN-HPN Secretariat hosted the first HURS Workshop 2024, themed "Improving Healthy University Implementation Based on HURS." Experts from top universities such as Universiti Kebangsaan Malaysia, Universitas Indonesia, and De La Salle University shared best practices in health promotion. The workshop, attended by 160 delegates from 56 universities in ASEAN and Japan, offered hands-on training in the HURS system and facilitated discussions on advancing health initiatives. The event concluded with collaborative strategies for enhancing health promotion, fostering strong networking and partnerships for future projects, and reinforcing the commitment of ASEAN universities to improve health and well-being.





HURS Workshop 2024 for Data Entry

2nd round: The Evaluation of Healthy University Rating System (HURS)

On September 16, 2024, the AUN-HPN Secretariat hosted the second round of HURS Workshop 2024 in Bangkok, focusing on the evaluation of the Healthy University Rating System (HURS). The workshop featured updates to the HURS Version 2024, including revised criteria and data submission processes. Participants tested the University Data Entry system and discussed the HURS framework, which evaluates universities across 22 health promotion areas. The HURS evaluation period for 2024 runs from August 16 to November 15, with universities invited to register for the evaluation cycle.

1.1.4 HURS Workshop 2024

(3/3)

On November 26, 2024, the AUN-HPN Secretariat, hosted a HURS Workshop for Reviewers. The workshop aimed to familiarize reviewers with the revised HURS assessment criteria and guide effective use of the HURS system. Attended by representatives from 11 AUN-HPN universities, the session featured key speakers, including Dr. Thunwadee Suksaroj and Prof. Chartchalerm Isarankura-Na-Ayudhya. The event covered updates to the HURS Version 2024, which evaluates health promotion activities under the Healthy University Framework. This year, 39 ASEAN universities are participating in the HURS assessment.



1.2 Progress report on Healthy University Rating System (HURS)

Completed registration of HURS 2024

No.	Name of University	Country	Type of member	Key-in data
1	Universitas Airlangga	Indonesia	Core	/
2	Universitas Gadjah Mada	Indonesia	Core	/
3	Universitas Indonesia	Indonesia	Core	/
4	Universiti Kebangsaan Malaysia	Malaysia	Core	/
5	Universiti Putra Malaysia	Malaysia	Core	
6	Universiti Malaya	Malaysia	Core	/
7	Yangon University of Economics	Myanmar	Core	
8	Ateneo de Manila University	Philippines	Core	/
9	De La Salle University-Manila	Philippines	Core	/
10	Burapha University	Thailand	Core	/
11	Chiang Mai University	Thailand	Core	/
12	Chulalongkorn University	Thailand	Core	/
13	Mahidol University	Thailand	Core	/
14	Prince of Songkla University	Thailand	Core	/
15	Vietnam National University, Ho Chi Minh City	Vietnam	Core	
16	Kalasin University	Thailand	Associate	
17	KhonKaen University	Thailand	Associate	/
18	King Mongkut's University of Technology Thonburi (KMUTT)	Thailand	Associate	/
19	King Mongkut's University of Technology, North Bangkok	Thailand	Associate	/
20	King Mongkut's Institute of Technology Ladkrabang	Thailand	Associate	/
21	Maharakham University	Thailand	Associate	/
22	Naresuan University	Thailand	Associate	/
23	Princess of Naradhiwas University	Thailand	Associate	/
24	Silpakorn University	Thailand	Associate	/
25	Suranaree University of Technology	Thailand	Associate	/
26	Vidyasirimedhi Institute of Science and Technology	Thailand	Associate	/
27	Walailak University	Thailand	Associate	/
28	Srinakharinwirot University	Thailand	Associate	/
29	Rangsit University	Thailand	Associate	
30	Sripatum University	Thailand	Associate	
31	Chitralada Technology Institute	Thailand	Not member	
32	Mahachulalongkornrajavidyalaya University	Thailand	Not member	/
33	Lyceum of the Philippines University - Batangas	Philippines	Not member	
34	Maejo University	Thailand	Not member	/
35	Phetchabun Rajabhat University	Thailand	Not member	/
36	Kamphaeng Phet Rajabhat University	Thailand	Not member	/
37	Surindra Rajabhat University	Thailand	Not member	
38	Yala Rajabhat University	Thailand	Not member	
39	Phetchaburi University	Thailand	Not member	/

**Updated as of
November 30, 2024**

1.3 Information regarding new associate members of AUN-HPN

(1/2)

1	Philippines	De La Salle University-Dasmaringas	19 March 2024
2	Thailand	Nakhon Phanom University	19 March 2024
3	Thailand	Vidyasirimedhi Institute of Science and Technology	19 March 2024
4	Philippines	Universidad de Sta Isabel de Naga, Inc	2 April 2024
5	Thailand	Srinakharinwirot University	2 April 2024
6	Thailand	University of Phayao	31 May 2024
7	Thailand	Silpakorn University	31 May 2024
8	Thailand	Sripatum University	31 May 2024
9	Thailand	Hatyai University	31 May 2024
10	Thailand	Princess of Naradhiwas University	31 May 2024
11	Thailand	King Mongkut's Institute of Technology Ladkrabang	4 June 2024
12	Thailand	Rangsit University	19 June 2024
13	Thailand	Songkhla Rajabhat University	19 June 2024
14	Thailand	Chiangrai College	7 October 2024
15	Thailand	Phetchabun Rajabhat University	12 November 2024



On March 22, 2024, during the Thai University Network for Health Promotion (TUN-HPN) National Health Promotion Conference, a special session was held to welcome new AUN-HPN associate members. Representatives from **Kalasin University, Suranaree University of Technology, Nakhon Phanom University, Vidyasirimedhi Institute of Science and Technology**, and **Srinakharinwirot University** were invited to the stage to receive tokens of appreciation. These tokens, presented by the TUN-HPN Chair from Chiang Mai University, recognized the universities' commitment to advancing health promotion initiatives.

Agenda 2: Approval of minutes – 8th IAC meeting

Approval of the minutes of the 8th AUN-HPN
International Advisory Committee meeting
(November 24, 2023)




8th AUN-HPN IAC MEETING

ASEAN UNIVERSITY NETWORK - HEALTH PROMOTION NETWORK


24 NOVEMBER 2023
HOTEL METROPOLITAN EDMONT TOKYO
TOKYO, JAPAN



AUN-HPN SECRETARIAT OFFICE

 <https://www.facebook.com/AUNHPN>

 aunhpn@mahidol.ac.th

 <https://aun-hpn.or.th>



QR Code

Minutes of the 8th IAC meeting

CALL FOR APPROVAL

**Minutes of the 8th AUN-HPN International
Advisory Committee Meeting
(November 24, 2023)**

Resolution:

Agenda 3: Topics for consideration

3.1 AUN-HPN Workplan 2025

- **Country Chapter – AUN-HPN and how to move forward and foster collaboration**
- **HURS Workshops in Member Countries**
- **Health Promotion Research in ASEAN+3 Region**



3.1 AUN-HPN Workplan 2025

(1/2)

Activities	Brief Description	2025		
		Date	Host/Partner	Seeking Co-Host
HURS Evaluation	This initiative aims to recognize and support efforts in promoting health and well-being within academic institutions. Universities aiming to enhance health promotion policies, as well as AUN-HPN members, non-members, and other interested parties, are welcome to participate. By joining HURS 2024, your university will contribute to a growing network dedicated to health promotion and well-being in the ASEAN region. This is an opportunity to showcase your commitment to fostering a healthier academic environment.	August 15 - November 16	AUN-HPN Secretariat (Host)	No
HURS Workshop for users	This workshop introduces participants to the latest version of the Healthy University Rating System (HURS) and prepares them for data entry in the annual HURS Evaluation, which runs from August 16 to November 15 each year. The workshop typically occurs prior to the evaluation period.	July	AUN-HPN Secretariat (Host)	Yes
HURS Workshop for reviewers	Designed for universities that have actively participated in the HURS Evaluation and achieved high scores, this workshop invites these universities to join the HURS Reviewer Team. It provides an understanding of the updated HURS version and training on how to properly use the reviewer system.	Nov	AUN-HPN Secretariat (Host)	Yes

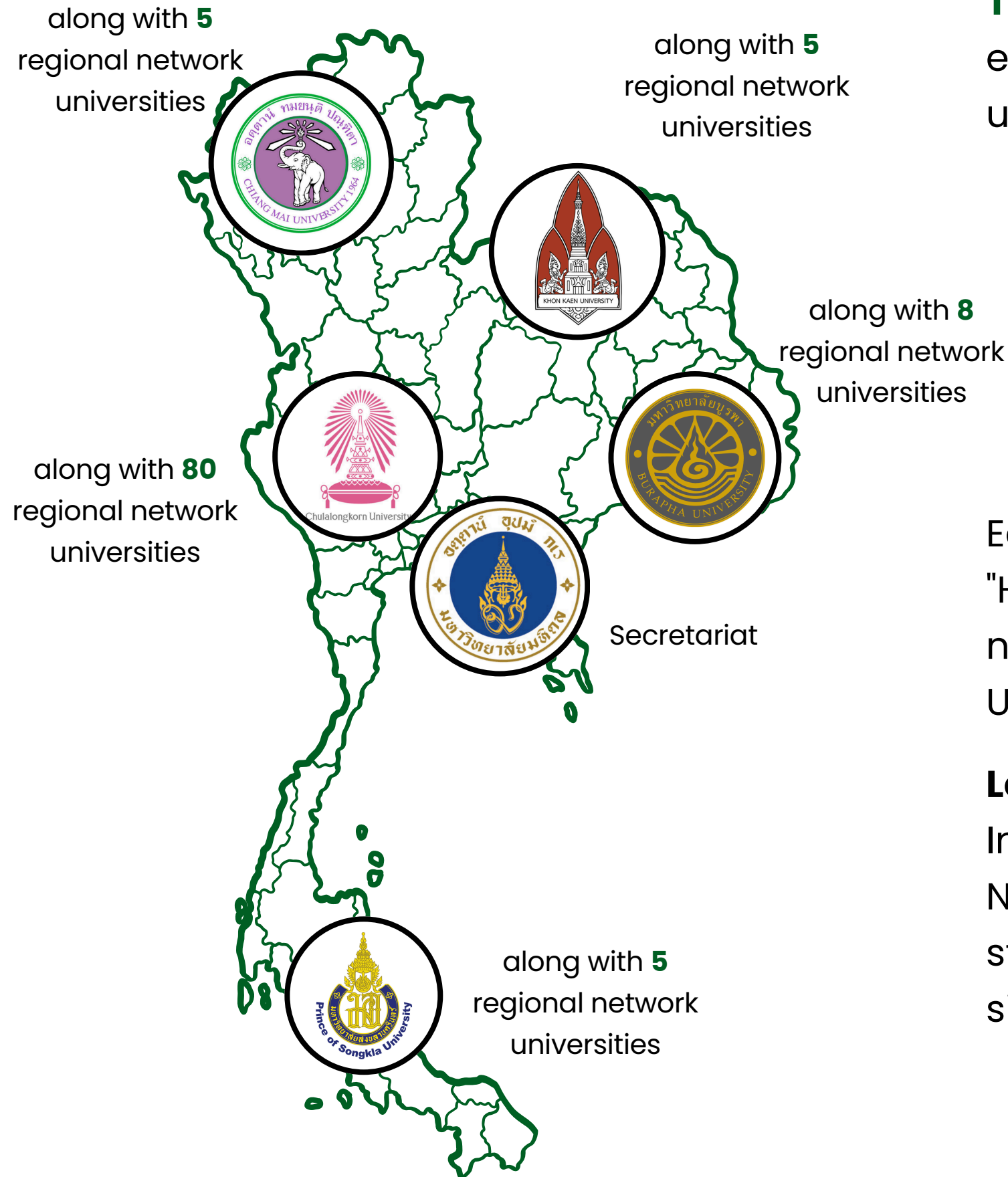
3.1 AUN-HPN Workplan 2025

Activities	Brief Description	2025		
		Date	Host/Partner	Seeking Co-Host
AUN-HPN International Advisory Committee (IAC) Meeting	Held annually in November, the AUN-HPN IAC Meeting gathers representatives from AUN member universities to share insights and expertise on advancing health promotion initiatives across ASEAN. The meeting focuses on best practices, fostering collaboration, and shaping the AUN-HPN workplan. While traditionally hosted in the Co-Host country, the final location is mutually decided by both parties.	Nov / Dec	AUN-HPN Secretariat (Host)	Yes
AUN International Health Promotion Conference	Organized biennially alongside the AUN-HPN International Advisory Committee Meeting, this conference serves as a platform for higher education institutions within ASEAN and beyond (+3 countries) to collaborate and share knowledge on health promotion. It features interactive sessions aimed at knowledge development and explores opportunities for expanding the network.	Nov / Dec	AUN-HPN Secretariat (Host)	Yes

CALL FOR CONSIDERATION
AUN-HPN Workplan 2025

Resolution:

AUN-HPN and how to move forward and foster collaboration



Thai University Network for Health Promotion Network (TUN-HPN) was established in 2021, comprising representatives from six leading Thai universities:

- Chulalongkorn University (Central Region)
- Chiang Mai University (Northern Region)
- Burapha University (Eastern Region)
- Prince of Songkla University (Southern Region)
- Khon Kaen University (Northeastern Region)
- Mahidol University (AUN-HPN Secretariat)



Each university is responsible for promoting health policies, striving to become a "Healthy University," fostering collaborative research, and expanding the network nationwide. All universities use **HUF** as a guideline on how to be a Healthy University and **HURS** as a tool to monitor their progress.

Leadership Rotation:

Initially, the chairmanship of the Thai University Network for Health Promotion Network rotated annually. However, the term was later extended to two years to strengthen and enhance operational efficiency. The TUN-HPN chairmanship since the network's establishment are as follows:

- 2021-2023: Mahidol University
- 2023-2025: Chulalongkorn University
- 2025-2027 (Current): Chiang Mai University

AUN-HPN and how to move forward and foster collaboration

TUN-HPN Activities

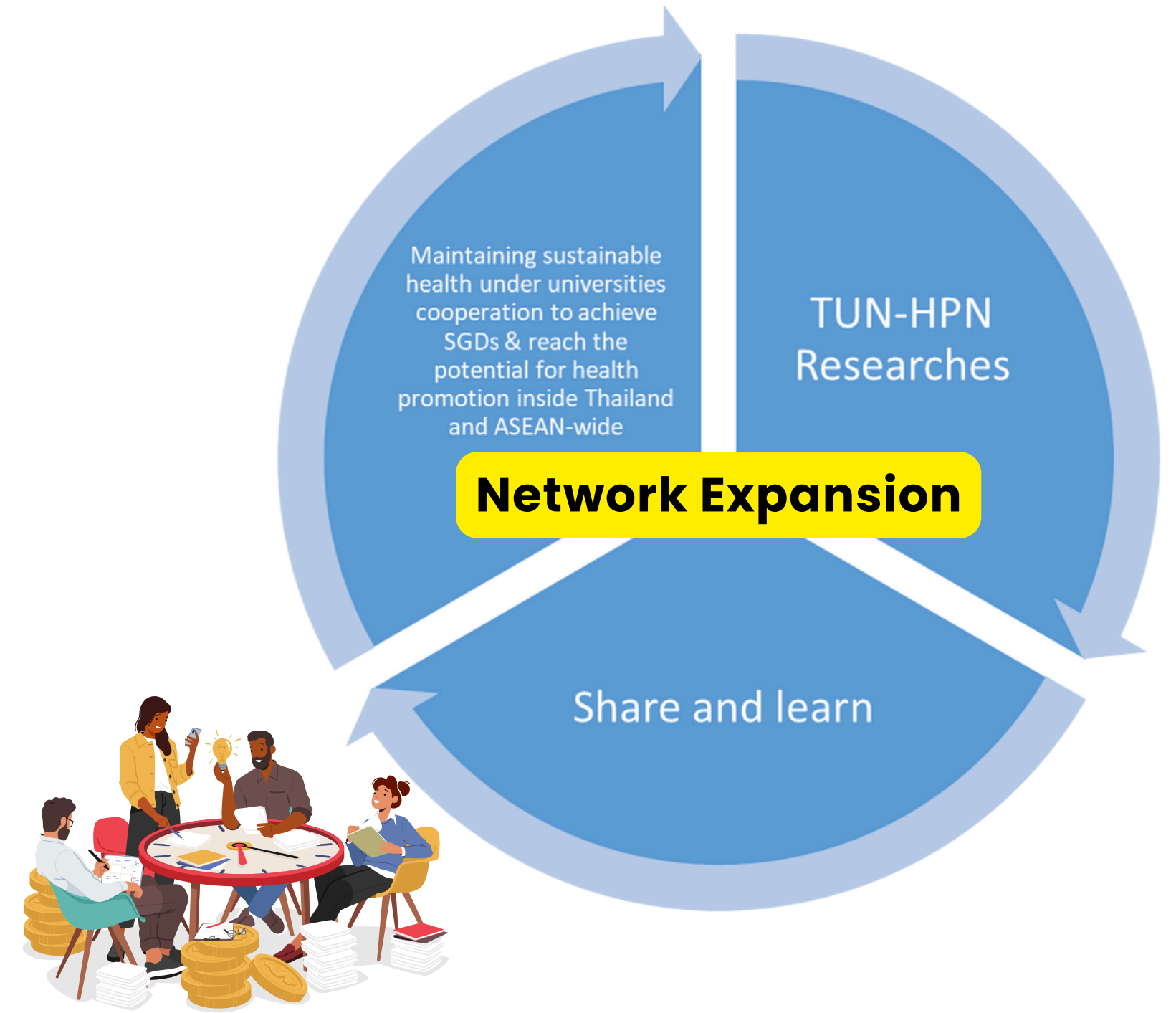
Research initiatives:

- Mental Health Situation among Thai University Student - Lesson Learned
- How to respond mental health problems among Thai University Students
- How to analyze University's Health Profile

Main projects

- Regional network expansion in (Thailand)
- Joint research projects
- Organize TUN-HPN meetings (once every three months) and national academic conferences (once every two years)

TUN-HPN works collaboratively to advance health promotion policies and academic development throughout Thailand.



AUN-HPN and how to move forward and foster collaboration



TUN-HPN Network Meetings – The meetings aim to foster collaboration, share best practices, and discuss health promotion strategies among member universities. These regular engagements strengthen partnerships and drive impactful initiatives. The consistent communication and collaboration have attracted new members, leading to the network's expansion. This growth enhances the network's collective capacity to promote health and well-being. TUN-HPN continues to inspire regional collaboration and progress in health promotion.

3.1.1 Country Chapter

(4/6)

AUN-HPN and how to move forward and foster collaboration

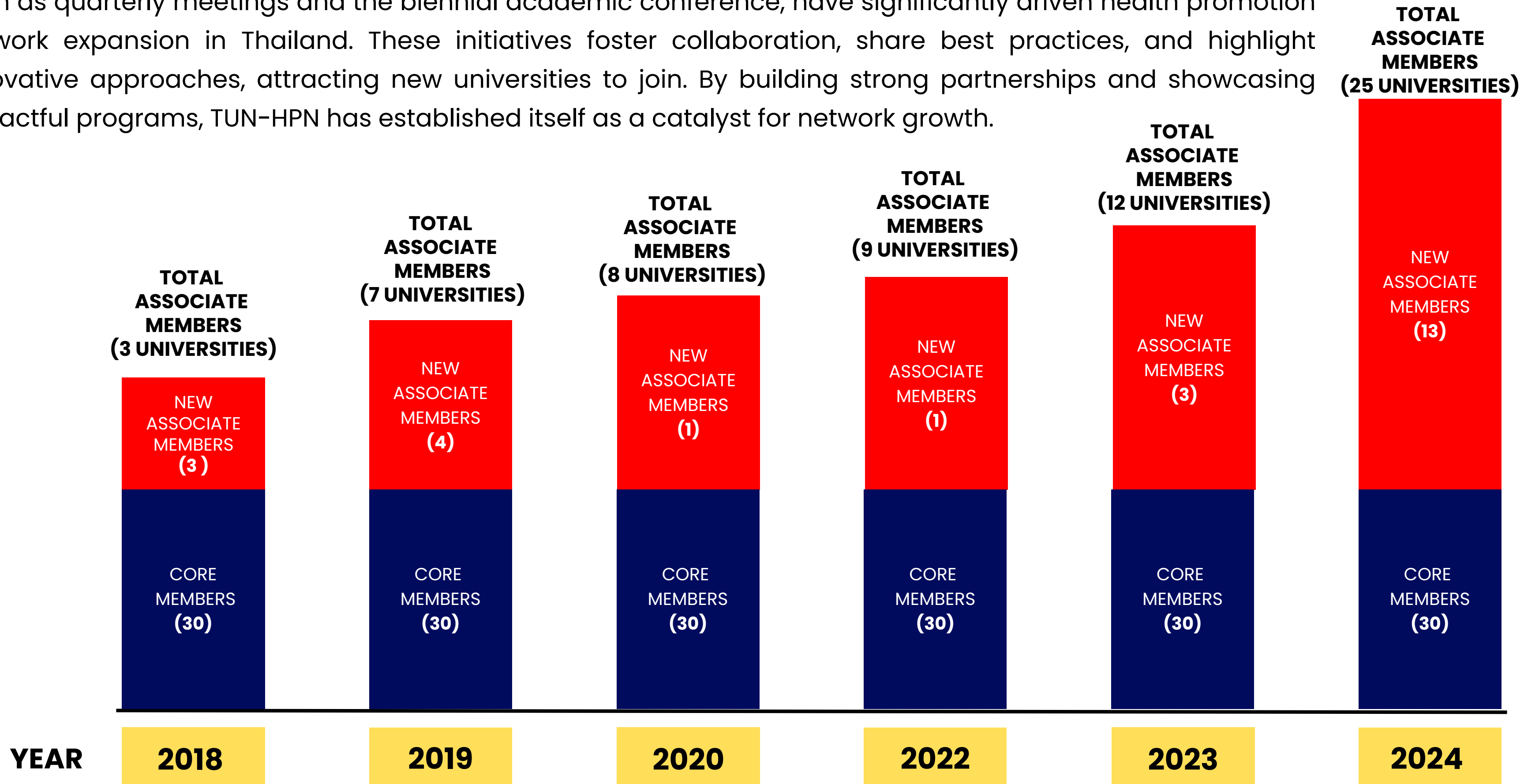
March 21 - 22, 2024



TUN-HPN National Academic Conferences - Every two years, TUN-HPN organizes the National Academic Conference on Health Promotion, bringing together experts, academics, and practitioners to exchange insights and advancements in health promotion. The conference serves as a platform for showcasing innovative research, sharing success stories, and fostering collaborations. By addressing emerging health challenges and promoting evidence-based solutions, this flagship event reinforces the network's leadership in health promotion and inspires collective action.

AUN-HPN and how to move forward and foster collaboration

Impact of TUN-HPN activities on health promotion network expansion in Thailand – TUN-HPN’s activities, such as quarterly meetings and the biennial academic conference, have significantly driven health promotion network expansion in Thailand. These initiatives foster collaboration, share best practices, and highlight innovative approaches, attracting new universities to join. By building strong partnerships and showcasing impactful programs, TUN-HPN has established itself as a catalyst for network growth.



CALL FOR CONSIDERATION

**How to create a country chapter in other ASEAN countries
by using the TUN-HPN as a role model**

Resolution:

HURS Workshop introduces participants to the latest version of the Healthy University Rating System (HURS) and prepares them for data entry in the annual HURS Evaluation, which runs from August 16 to November 15 each year. The workshop typically occurs prior to the evaluation period. Normally, the workshop takes place **via Zoom Meeting Platform or onsite in Thailand.**



Increasing Interest in HURS

Recently, several universities and institutes have expressed interest in learning more about the Healthy University Rating System (HURS), with some requesting presentations from the AUN-HPN Secretariat on implementing or benchmarking the system. The AUN-HPN Secretariat remains committed to supporting and empowering institutions striving to achieve Healthy University status.



November 19 – AUN-HPN Secretariat delivered a talk on Enhancing the Capacity for Health Promotion Activities Development under HUF

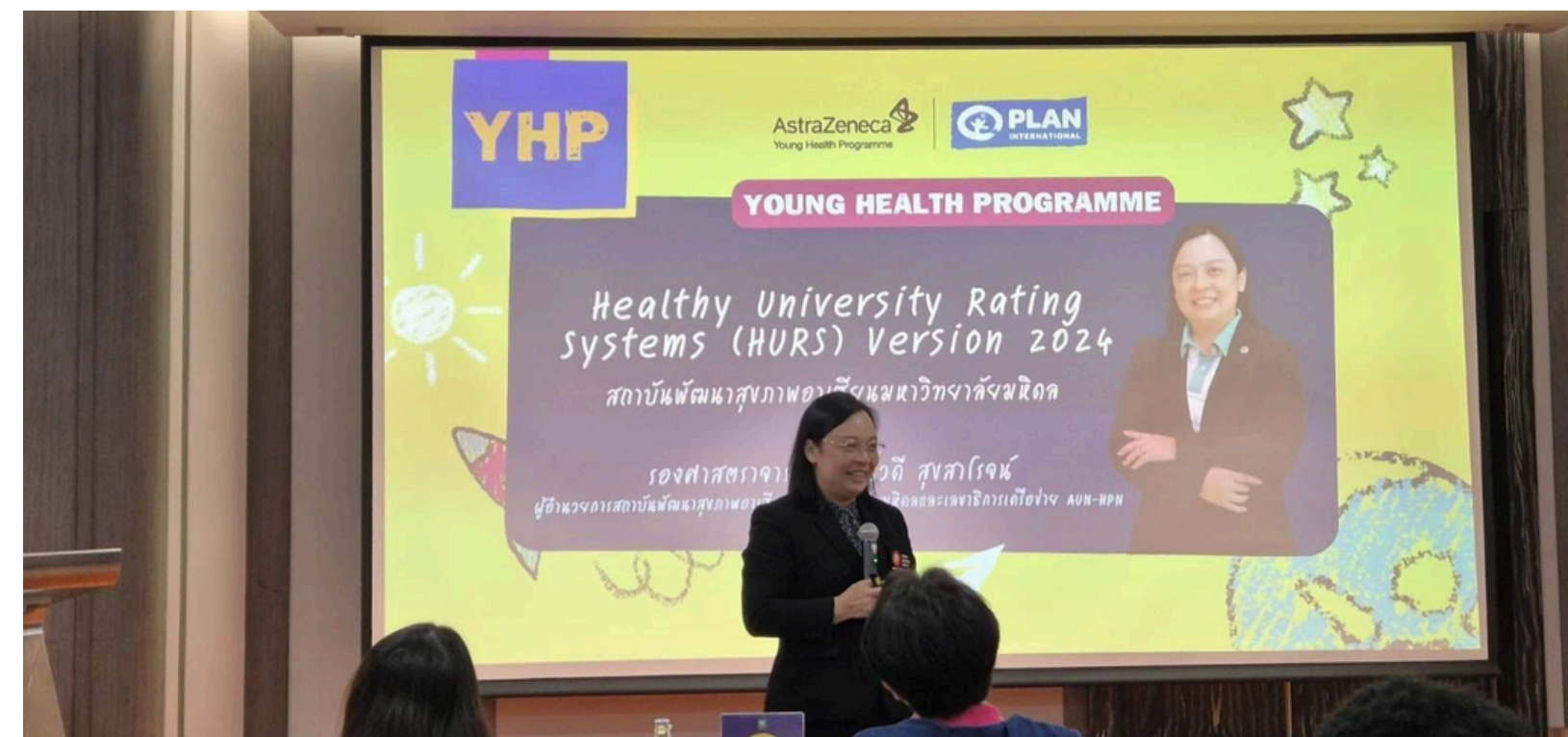


November 21 – Vietnam National University, Ho Chi Minh City visited the AUN-HPN Secretariat and discuss about the implementation of HUF and HURS

3.1.2 HURS Workshops in Member Countries

(3/4)

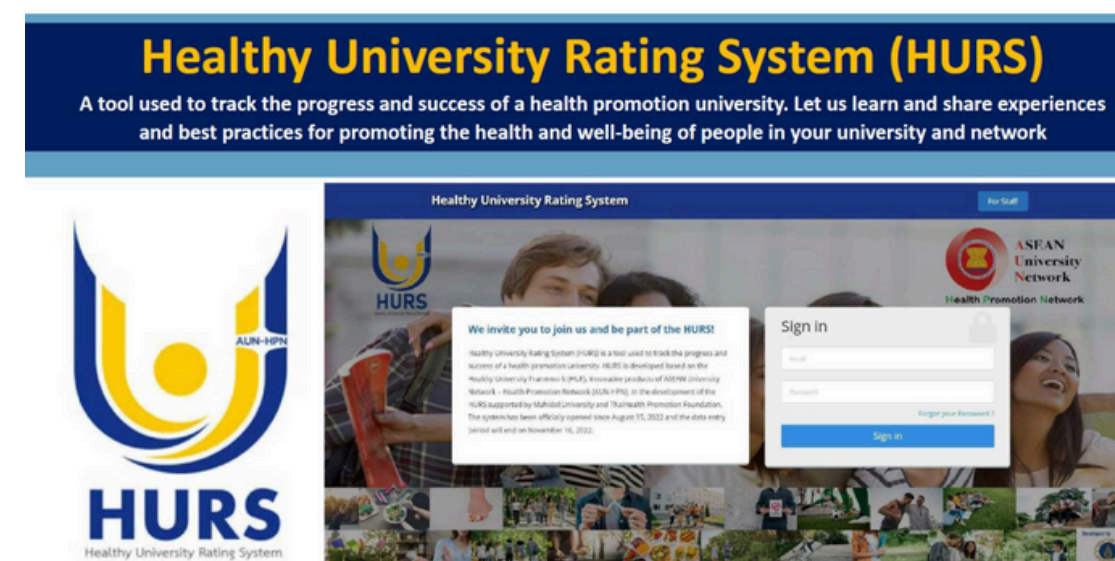
By organizing HURS workshops in member countries, universities can build capacity, learn from one another, and systematically drive improvements to become healthier and more impactful institutions.



November 13 – AUN-HPN Secretariat delivered a talk on HUF and HURS at the Constitution of School Health Meeting and Young Health Programme Connecting 1/2024, hosted by Young Health Programme, Plan International Thailand



November 25 – AUN-HPN Joint Symposium “Pathways to Sustainable Universities: Best Practices from AUN-HPN and HURS” at Global Health Congress 2023



February 1 – AUN-HPN Secretariat had a meeting with Trinity College Dublin to discuss about Healthy University Toolkit by giving HURS as an example via Zoom Meeting Platform

CALL FOR CONSIDERATION

Organizing HURS Workshops in Member Countries

Resolution:

Research Project on Healthy University Rating System (HURS)

"Progression and Lesson Learned in Promoting ASEAN Healthy Universities Through Strengthening Regional Network and Implementing Framework Initiative"

Objectives



This research project aims to understand the current best practices and challenges to implementing a health promotion model for universities participating in the Healthy University Rating System (HURS) 2023. This research project expects the following benefits:

- generate knowledge to improve future Healthy University Rating System (HURS) evaluations
- better understand the best practices and challenges that universities have in health promotion
- gather feedback on potential future changes to the Healthy University Rating System (HURS) and the Healthy University Framework (HUF).

(The project has already got the IRB approval.)





Next Step ...

No. 78.18 / 1133

November 29, 2024

Subject: Invitation to Participate in the Survey for the Research Project titled "Progression and Lessons Learned in Promoting ASEAN Healthy Universities Through Strengthening Regional Networks and Implementing Framework Initiatives"

Dear

The ASEAN University Network - Health Promotion Network (AUN-HPN) Secretariat Office would like to invite to participate in the research project titled "Progression and Lesson Learned in Promoting ASEAN Healthy Universities Through Strengthening Regional Network and Implementing Framework Initiative" on the Healthy University Rating System (HURS). You are invited to participate in this research project because your university participated in the HURS in 2023, which was opened for the key-in data process during August 15 - November 16, 2023.

Please complete this 5-10 minute survey to participate in our research. The link to the survey can be found here: <https://forms.gle/TKbBMsRRx4ucSCe37> or the provided QR code form by December 31, 2024 via. All universities that completed the questionnaire will be selected and invited to participate in an in-depth interview later.

This research, led by Principal Investigator Assoc. Prof. Dr. Thunwadee Suksaroj, Executive Director of AUN-HPN and ASEAN Institute for Health Development, aims to understand the current best practices and challenges to implementing a health promotion model for universities participating in HURS in 2023. This research project expects the following benefits: generate knowledge to improve future HURS evaluations, better understand the best practices and challenges that universities have in health promotion, and gather feedback on potential future changes to HURS and the Healthy University Framework (HUF).

Thank you again for your kind cooperation and support in this research project. We look forward to receiving your participation. If respondents have any questions about the survey or interview, they can reach out to Mrs Varisara Lapinee via email aunhpn@mahidol.ac.th for any questions or further information about the research.

Sincerely yours,

Assoc. Prof. Dr. Thunwadee Suksaroj
Principal investigator
Director of ASEAN Institute for Health Development



Questionnaire



Consent form

The survey aims to gather information about the **facilitators and barriers to implementing a health promotion model for universities participating in the Healthy University Rating System (HURS) in 2023**. Your input will help us understand the most important and challenging parts of implementing a health promotion model at your university.

The AUN-HPN Secretariat has now prepared the invitation letter to participate in the survey to those universities participated in the HURS 2023. The email will be sent soon.



CALL FOR CONSIDERATION

**Voluntary Participation in the Research Project
on the Healthy University Rating System (HURS):**

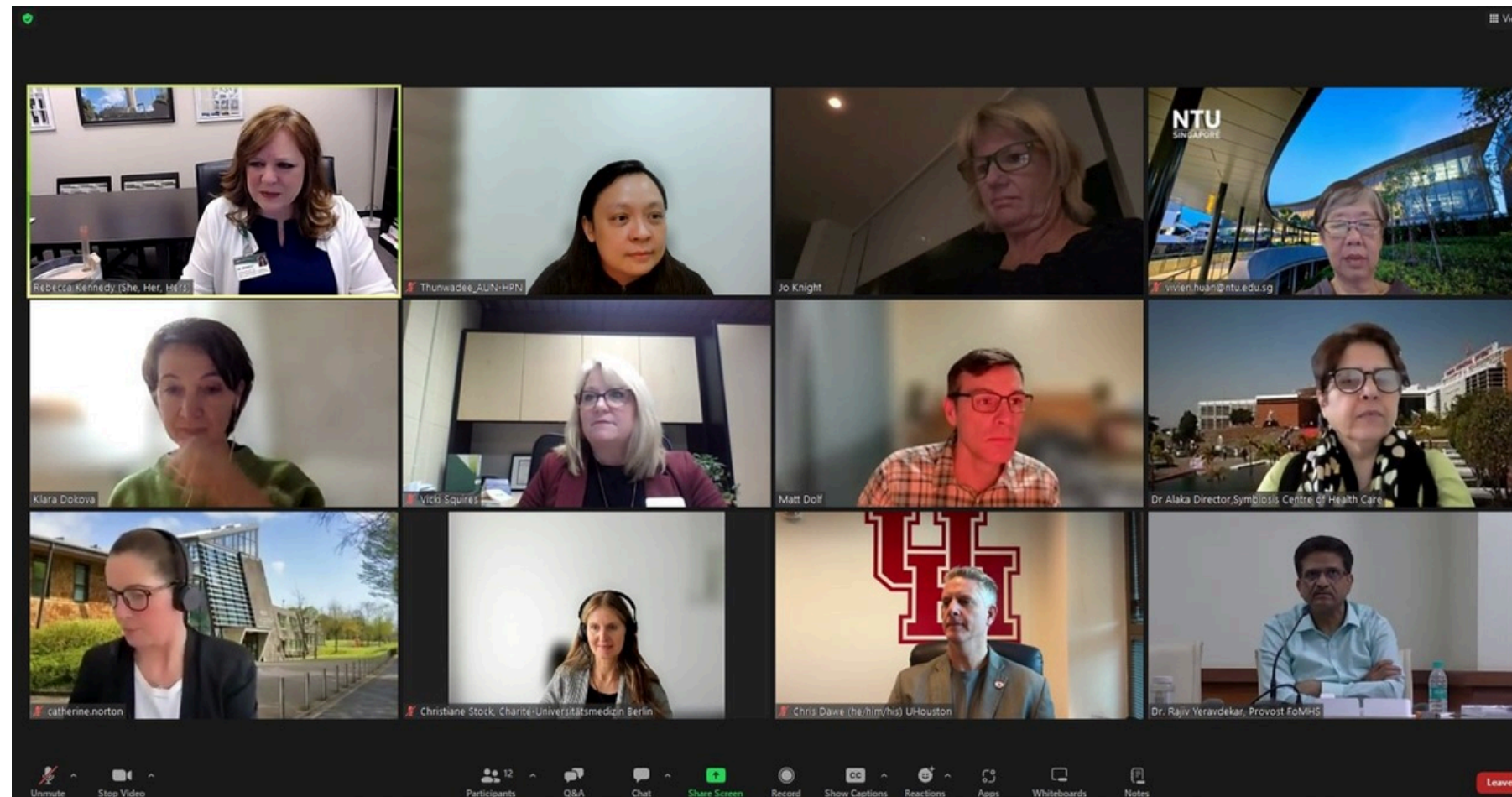
*"Progression and Lessons Learned in Promoting ASEAN Healthy
Universities Through Strengthening Regional Networks and
Implementing Framework Initiatives"*

Resolution:

Agenda 4: Others



AUN-HPN Secretariat as part of the International Health Promoting Campuses Network (IHPCN) Steering Group



2025 International Health Promoting Campuses Conference

Help shape the future of health promoting campuses

📅 June 16-19, 2025

📍 University of Limerick, Ireland

Call for Abstracts

Symposium and workshop abstracts due by Nov. 29, 2024.
Oral presentation and poster abstracts due by Jan. 17, 2025.

2025ihpc.com/abstracts



IHPCN Steering Group Meeting
(every 3 months)

Conference Website
<https://2025ihpc.com/>



ASEAN
University
Network

Thank You

Health Promotion Network

<https://aun-hpn.or.th>



Tel: +66-2441-9040 ext. 72



Website : <https://aun-hpn.or.th/>



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Facebook : ASEAN University Network Health Promotion Network



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